

Camping Checklist



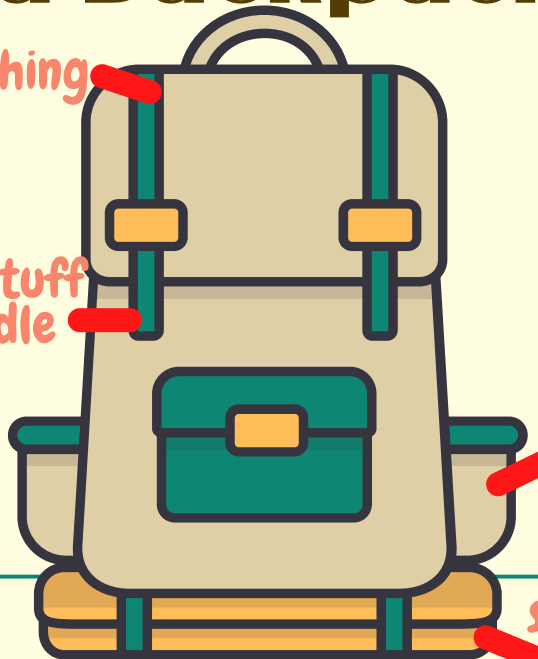
- ☐ book site/research crown land
- ☐ pack and doublecheck lists
- ☐ tell someone where you're going



How to Pack a Backpack

clothing

heavy stuff
in middle

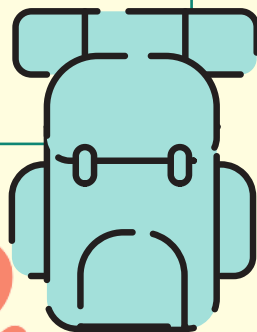


water

sleeping
bag

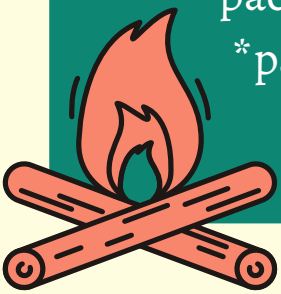
10 Hiking Essentials

- ☐ first aid kit
- ☐ navigation
- ☐ fire starter
- ☐ emergency shelter
- ☐ extra clothing
- ☐ extra water
- ☐ knife
- ☐ sun protection
- ☐ extra food
- ☐ light source



Reminders

- *pack as lightly as possible
- *pack nutrient dense food
- *pack for expected & unexpected weather
- *bring eco friendly gear



katie
outdoors

katieoutdoors.wordpress.com