

Camping Checklist



- book site/research crown land
- pack and doublecheck lists
- tell someone where you're going



How to Pack a Backpack



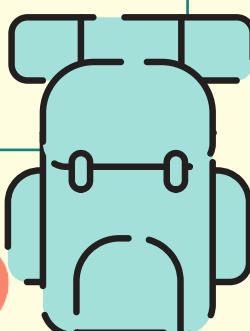
Reminders

- *pack as lightly as possible
- *pack nutrient dense food
- *pack for expected & unexpected weather
- *bring eco friendly gear



10 Hiking Essentials

- first aid kit
- navigation
- fire starter
- emergency shelter
- extra clothing
- extra water
- knife
- sun protection
- extra food
- light source



**katie
outdoors**

katieoutdoors.wordpress.com